

# Climate Change and Development as a Bridge to Poverty in Rural Farming Communities: Best Mitigation and Adaptation Practices

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## ABSTRACT

The thesis titled *Climate Change and Development as a Bridge to Poverty in Rural Farming Communities: Best Mitigation and Adaptation Practices* by Bala Musa Kijera delves into the intricate relationship between climate change and sustainable development, with a specific focus on rural farming communities in the Gambia. This research identifies the main anthropogenic activities contributing to climate change and their resultant impacts on weather patterns, such as increased temperatures, altered precipitation, and severe weather events. These climatic changes pose significant challenges to agriculture, the backbone of rural livelihoods, in the Gambia in particular. Given the critical role of agriculture in sustaining rural economies and ensuring food security, the thesis underscores the urgent need for effective mitigation and adaptation strategies to address the impacts of climate change. Rural farming communities in developing countries, particularly the Gambia, are acutely vulnerable due to their reliance on agriculture with limited resources and capacities for adapting to changing climatic conditions. The research aims to identify the best practices that can enhance the resilience of these communities, thereby alleviating poverty and improving quality of life. The study highlights the importance of integrating sustainable development practices with climate resilience efforts. By adopting innovative agricultural techniques, improving resource management, and implementing policy frameworks that support climate adaptation, rural communities can better mitigate and recover from the effects of adverse weather events. The thesis draws on data such as rainfall variability and temperature fluctuations in the Gambia, demonstrating how these changes impact agricultural productivity and general environments posing existential threats to farmers' livelihoods. In conclusion, this research contributes to the global discourse on climate change and poverty alleviation by proposing actionable strategies for building resilience in vulnerable rural communities. It emphasizes the need for cohesive policies (national and international) linking climate adaptation with sustainable development goals. By fostering resilience through effective mitigation and adaptation practices, the thesis aspires to enhance the well-being and sustainable livelihoods of rural populations, ultimately bridging the gap between climate change impacts and poverty reduction.

## GENERAL INTRODUCTION

### Introduction

Climate change refers to a long-term change in the average weather patterns, observed and measured over decades or an even longer period, in given specific regions or globally. These changes are primarily caused by human (anthropogenic) activities, such as industrialization,

pollution, deforestation, urbanization and the burning of fossil fuels leading to an increased concentration of greenhouse gas emissions in the atmosphere. This phenomenon results in shifts in temperature, precipitation, and the frequency of severe weather events.

Climate change has emerged as one of the most pressing issues of the 21st century, challenging various aspects of human livelihood systems, biodiversity, the larger environment and ecosystems. Rural farming communities, particularly in developing countries like the Gambia, are highly vulnerable to the impacts of climate change due to their dependence on agriculture for livelihood and the lack of resources to effectively mitigate and adapt to changing climatic conditions. This thesis aims to explore the relationship between climate change and development, focusing on how sustainable development practices can serve as a bridge to alleviate poverty in rural farming communities by implementing effective mitigation and adaptation strategic practices.

### **Rational and Justification**

The selection of this topic is driven by the urgent need to address the numerous and dimensional impacts of climate change on rural farming communities, particularly in underdeveloped countries such as the Gambia. Agriculture forms the backbone of these communities, supporting and providing not only household food security but also as main economic activity and source of income for rural dwellers. However, the increasing frequency and severity of climate-induced events significantly threaten these agrarian systems, increasing poverty, dwindling and challenging livelihood systems hence quality of life. By focusing on the intersection of climate change and development, this research aims to identify the best mitigation and adaptation practices essential for building and fostering resilience in rural farming communities. Furthermore, sustainable development practices have the potential of bridging by linking climate resilience and adaptation efforts with poverty alleviation initiatives. This research is therefore aimed at contributing development of meaningful policies and adapting strategies as part of global efforts to enhance the well-being and sustainable livelihood systems of vulnerable rural populations.

### **Background Information**

Climate change is causing significant changes in weather patterns, leading to increased frequency and intensity of extreme weather events such as droughts, floods, extreme heat and storms. In the Gambia for instance, the country has experienced notable variability in its rainfall and weather patterns, which are critical to the agricultural productivity of rural farming communities. Over the past two years, rainfall figures have fluctuated significantly. In 2023, the country received approximately 850 mm of rainfall, whereas in 2024, the figures slightly decreased to around 800 mm. This variability in rainfall has posed challenges to the predictability and reliability of agricultural practices.

As obtained in the Intergovernmental Panel on Climate Change (IPCC) report, the mean annual temperature typically ranges from 26°C to 30°C. During the dry season, temperatures can rise to above 35°C, particularly in inland areas. Conversely, the coastal regions experience somewhat moderated temperatures influenced by proximity to the Atlantic Ocean. These climatic variations necessitate strong adaptable farming practices to enable communities to cope with and recover from adverse effects of weather events. Tackling climate change's impact on

agriculture is vital for household food security and economic growth in rural areas. According to various studies and reports, the inhabitants of rural areas in the Gambia are increasingly relying on earning maturity varieties, water-saving irrigation techniques, and other early warning systems as adaptive measures to mitigate and build resilient on the impacts of climate change. Collaborative efforts among local governments, non-governmental organizations, and international bodies are crucial in implementing and promoting these adaptive strategies.

Development initiatives aimed at poverty alleviation must incorporate climate resilience to ensure sustainable progress. By examining the link between climate change, development, and poverty, this thesis seeks to provide insights into best practices for mitigating and adapting to climate change, ultimately contributing to sharing of knowledge on good practices as abridge to climate change impacts and promoting the well-being of rural farmers.

### **PROBLEM STATEMENT**

The research seeks to address the pressing issue of climate change and its multidimensional impacts on rural farming communities in the Gambia. Agriculture is the main economic activity of these communities, enhancing food security and serving as primary economic stabilizers, and as source of income in the farming communities. However, climate change has led to increased frequency and severity of weather-related events such as droughts, floods, and storms, which threaten crop productivity and livelihood systems extensively in the agrarian communities. It exacerbates poverty and challenges the quality of life of rural dwellers. This research aims to explore the intersection of climate change and development, identifying effective mitigation and adaptation practices essential for fostering resilience in these vulnerable communities.

In the Gambia, climate change has caused significant alterations in weather patterns, which directly impact agricultural productivity. To subsidize the decline in crop production affecting household food security, a larger percentage of rural farmers adopted unfriendly environmental practices such as illegal logging, charcoal burning and bush fires consequently resulting in deforestation thus aggravating the impact of climate change as shown in the pictures below.





**Examples of anthropogenic activities fueling climate change**



**Examples of anthropogenic activities fueling the impacts of climate change**

The impact of anthropogenic activities in the research area is far reaching. Apart from the decline in crop production as mentioned above, wildlife ecosystems and biodiversity were also degraded. The degraded biodiversity for favorable wildlife habitations and unfavorable ecological environments, resulted in large numbers of endangered wildlife species either disappeared or became extinct. The resulting consequences affected ecotourism which serves an essential income source for the communities, while the degraded biodiversity also impacted

on aquatic source of supplementary food, traditional herbal medicine and income. The decline in rainfall was a major contributing factor to saltwater intrusion into swampland rice fields thus adding to crop failures and low production. In addition, the decline in pastures poses challenges for nomadic farmers in terms of maintaining animal domestication for food, social status, and income.

### Climate Change Impact on Food Security

Food security, as defined during the 1996 World Food Summit, is “when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food to meet dietary needs for a productive and healthy life.”

The four components of food security are food availability, access, utilization and stability (Wheeler and von Braun 2013). Food production, a critical aspect of food availability, is highly dependent on healthy natural systems such as pollination, water for irrigation, wild foods and soil formation (Brown et al. 2015, Campbell et al. 2015). It brought about numerous health and economic consequences related to abject food insecurity. These include malnutrition for pregnant women, lactating mothers and children. Related corresponding impact on children could be stunting growth, reduced mental capacity, higher risk of chronic disease and decreased labor force in agricultural productivity. A country can lose up to 10 percent of its GDP annually from the collective impacts of food insecurity (Brown et al. 2015), and (21%) as bearing primarily caused by climate change.

### Risks of Climate Change In food Production

- Higher temperatures resulting in decreased crop yields, heat stress among livestock, potential loss or disruption of key pollinators and changes in the infestation patterns of crops and livestock pests.
- Changes in precipitation can lower crop yields and fisheries' productivity,
- Reduce the quality of pasture and forage and decrease soil moisture levels.
- Increased intensity and frequency of extreme weather events can result in damage to agricultural infrastructure and loss of crops and livestock
- Increased climate variability can interfere with crop growth during key stages of plant life cycle, resulting not only low yields but entire crop failure, poor harvests, particularly in areas where crop production relies on simplified agroecosystems. (2017 Sideband Food Security)



**Landmarks of Climate Change Impact**

## RESEARCH COVERAGE

The research was conducted in 12 rural farming communities in the Lower River Region of rural Gambia. It focused on the impact of climate change on agricultural productivity and food security, environment degradation including forestlands, agricultural lands, and mangrove areas, and the various adaptation, mitigation and resilient building initiatives of climate change. These communities depend heavily on agriculture for their livelihood and economic stability, making them particularly vulnerable to the adverse effects of changing climate patterns. By gathering both qualitative and quantitative data, the research aimed to provide a comprehensive understanding of how rising temperatures, altered precipitation, and increased frequency of extreme weather events are affecting crop yields, livestock health, and the overall availability of food.

In addition to examining the direct impacts of climate change on agriculture, the study also delved into the broader implications for development and poverty alleviation in these communities. The findings highlight a complex interplay between environmental factors and socio-economic conditions, where reduction in agricultural productivity exacerbates poverty and undermines efforts towards sustainable development. The research identified several best practices for climate change mitigation and adaptation, ranging from improved irrigation techniques to the introduction of climate-resilient crop varieties and mitigation practices. These strategies are critical for enhancing the resilience of rural farming communities and ensuring their sustained growth and prosperity. Finally, the research proposed a series of sustainable development strategies designed to bridge the gap between climate resilience and poverty alleviation. By fostering a holistic approach that integrates environmental sustainability with socio-economic development, the study aims to empower these communities to better cope with the challenges posed by climate change. Through continued collaboration with local stakeholders, policymakers, and international organizations, the research advocates the implementation of adaptive measures that not only protect and promote agricultural productivity but also promote equitable and inclusive development outcomes for the people of the study area.

## RESEARCH OBJECTIVES

The primary objective of the research is to dig deeper the effects of climate change on selected farming communities in relation to agricultural productivity, economic growth and poverty. Additionally, the study aimed to propose best practices in climate change and sustainable development strategies to enhance building resilience against climate change and bridge the gap between climate change and poverty alleviation in vulnerable communities. Specifically, the objectives were: -

- To investigate the effects of climate change on agricultural productivity and food security in 12 rural farming communities.
- To analyze the relationship between climate change, development, and poverty alleviation.
- To identify and evaluate best practices for climate change mitigation and adaptation in rural farming communities.
- To propose sustainable development strategies that bridge the gap between climate resilience and poverty alleviation.

## LITERATURE REVIEW

The literature review encompassed a comprehensive examination of existing research literature on climate change, development, and poverty in selected rural farming communities in the Gambia. Key areas of focus included:

- Impacts of climate change on agriculture and rural livelihoods.
- Development Policies and strategies for climate change and poverty alleviation.
- Climate change mitigation and adaptation practices.
- Case studies of successful climate resilience mitigation and adaptation initiatives in rural farming communities.

The review examined and provided basic theoretical information for the research and helped identify gaps in the current knowledge.

## Key Findings

### Impacts of Climate Change on Agriculture and Rural Livelihoods:

The literature review revealed that 5 in 12 study areas (38%) say that drought has become more severe in their area over the past 10 years, while 37% were affected by flooding. Similarly, 1/3 (33%) observed crop failures as worsened in the past 10 years. It was found that 61% of respondents attribute climate change to human activity, while 19% believe it is due to natural processes. Large majorities call for urgent climate action by the Gambian government (76%) as well as (81%) support from richer nations, which most respondents (83%) say should provide resources to help Gambians adapt and respond to the negative impacts of climate change. The literature review further revealed that the Gambia government and its private sector business partners should contribute 50% to climate change adaptation and mitigation. Majority of respondents express support for government policies to address changing weather events and environmental degradation, including putting more pressure on developed countries for aid (83%), investing in climate-resilient infrastructure (82%) and wind and solar technologies (77%), and banning logging for firewood or charcoal (66%). (*Source Gambians Call for Climate Action report Afrobarometer Dispatch No. 953 | 11 March 2025*).



**The practice of charcoal burning**

## Development Policies and Strategies for Climate Change and Poverty Alleviation

## **GAMBIA GOVERNMENT AGENCIES AND PARTNERS: POLICIES AND STRATEGIES FOR CLIMATE CHANGE AND DEVELOPMENT.**

The Gambia Government partnering with international donors and development agencies has developed and undertaken several policies and strategies to alleviate poverty, focusing on climate change adaptation and mitigation. The literature review reveals the following as Government and its development partner policies and strategies to combat climate change and alleviate poverty. The Gambia, a small country in West Africa, faces significant challenges related to climate change and development. Despite its limited resources, the Gambia Government, with her collaborating partners, has formulated and implemented several policies and strategies to address climate change impacts that continue to threaten socio economic development in the country. This chapter provides an overview of the key government agencies and partners' level of involvement in climate change mitigation, adaptation and resilience building to alleviate poverty.

### **Government Agencies**

#### **Ministry of Environment, Climate Change and Natural Resources (MECCNR):**

The Ministry of Environment, Climate Change and Natural Resources is the lead government agency responsible for environmental management, climate change policies, and natural resource management and conservation in The Gambia.

The ministry's key involvement includes but is not limited to the following:

- **National Climate Change Policy:** This policy aims to enhance the country's resilience to climate change impacts through adaptation and mitigation measures, promoting sustainable development practices.
- **National Adaptation Plan (NAP):** The NAP outlines specific actions to address climate vulnerabilities in various sectors, including agriculture, water resources, and coastal management.
- **Climate Change Action Plan:** This plan focuses on reducing greenhouse gas emissions and promoting renewable energy sources to achieve low-carbon development.

#### **National Environment Agency (NEA):**

The National Environment Agency is tasked with implementing environmental policies, monitoring environmental quality, and enforcing regulations. The NEA's notable strategies include:

- **Environmental Impact Assessment (EIA):** The EIA process ensures that development projects comply with environmental standards to minimize negative impacts of climate change.
- **Integrated Coastal Zone Management (ICZM):** This strategy aims to protect coastal ecosystems and communities from climate-related threats, such as sea-level rise, coastal erosion and landslides.
- **Waste Management Policy:** The NEA promotes sustainable waste management practices to reduce pollution and enhance public health.

### **Agriculture:**

The Gambia's agricultural policy in 2023 focuses on enhancing climate change resilience in the sector, addressing vulnerabilities, and promoting sustainable agricultural practices. This

includes initiatives like the Gambia Agriculture Transformation Program, which aims to improve food security and income in the face of climate change impacts. The national climate change policy the Gambia 2050, Climate Vision and Long-Term Climate Neutral Development strategy 2050 all incorporate agricultural adaptation measures.

## **Partners**

### **United Nations Development Program (UNDP):**

The UNDP collaborates with the Gambian government to support climate change adaptation and sustainable development initiatives. Key programs include:

- **Climate Change Early Warning System:** This project aims to improve climate forecasting and enabling disaster preparedness, reducing the risks associated with extreme weather events.
- **Community-Based Adaptation (CBA):** The CBA program empowers local communities to implement climate-resilient practices, such as sustainable agriculture and water management.
- **Renewable Energy Projects:** The UNDP supports the development of solar and wind energy projects to promote clean energy and reduce carbon emissions.

### **World Bank:**

The World Bank provides financial and technical assistance to The Gambia for climate change and development projects. Notable initiatives include:

- **Climate Resilient Infrastructure:** The World Bank funds the construction of infrastructure that can withstand climate impacts, such as flood-resistant roads and bridges.
- **Sustainable Agriculture Program:** This program promotes climate-smart agricultural practices to enhance food security and reduce vulnerability to climate change.
- **Water Resource Management:** The World Bank supports projects to improve water supply systems and manage water resources sustainably.

### **Food and Agriculture Organization (FAO):**

The FAO collaborates with The Gambia to promote sustainable agricultural development and food security in the face of climate change. Key strategies include:

- **Climate-Smart Agriculture:** The FAO promotes practices that increase agricultural productivity while reducing greenhouse gas emissions.
- **Agroforestry Projects:** These projects integrate trees into agricultural landscapes to improve soil health, enhance biodiversity, and sequester carbon.
- **Resilient Livelihoods Program:** The program aims to diversify income sources for rural communities, reducing their vulnerability to climate impacts.

The Gambia's approach to climate change and development involves a collaborative effort between government agencies and international partners. Through a combination of policies, strategies, and programs, The Gambia aims to build resilience, promote sustainable development, and mitigate the impacts of climate change. Despite the challenges, these initiatives represent a commitment to creating a sustainable and prosperous future for the country.

## **KEY ASPECTS OF THE GAMBIA'S AGRICULTURAL POLICY ON CLIMATE CHANGE IN 2023**

- Drought tolerant crops and animal species: Adopting and promoting crops and livestock breeds that can withstand drought conditions, a major threat to agricultural productivity
- Improved Land Management: Implementing practices like soil moisture conservation and land cover improvement to enhance resilience to climate variability
- Irrigation Systems: Investigating and improving irrigation systems to ensure water access for agricultural production especially during the dry periods.

### **Mitigation Measures**

- Renewable Energy: Promoting renewable energy sources to reduce reliance on fossil fuels and mitigate greenhouse gas emissions with co-benefits for energy security and development.

### **Policy and Institutional Frameworks**

- Strengthening national policies: Updating and implementing the National Climate Change Policy and other relevant strategies to ensure climate change resilient agricultural policies
- Enhancing Public Finance Management: Improving public finance management and public investment management to attract climate financing and implement adaptation measures
- Incorporating Climate Change into development planning: Ensuring that climate change is integrated into all levels of development planning and policy development

### **Supporting Farmers**

- Training and Capacity building: - Providing farmers with training and support on climate smart agricultural practices including drought resistant varieties and sustainable farming techniques
- Access to finance and Credit: Providing farmers with access to finance and credit to invest in climate resilient technologies and practices.

### **Addressing Vulnerabilities**

- Social Protection: Compensating vulnerable households through social protection and programs to mitigate the impacts of climate change on food security and livelihoods.
- Early Warning Systems:

Strengthening early warning systems to alert farmers and communities about impending weather events and enable timely action.

### **Examples of Initiatives and Projects**

- Food systems adaptation in changing environments in Africa (FACE Africa Project)
- Adapting agriculture to climate change in the Gambia Project funded by GEF (Global Environment Facility) and FAO
- Large-Scale Ecosystem Based Adaptation Project funded by GEF

**UNDP Climate Promise**

This initiative supports the Gambia in securing sustainable growth and climate resilience focused on agricultural adaptation and mitigation measures,

**IMPACT OF CLIMATE CHANGE ON KEY SECTORS**

Over the years Climate Change impacted on key sectors consequently affecting household food security, economic stability, intensifying poverty levels and slowing socio-economic development patterns of the country.

**Agriculture**

As the main economic activity, especially in rural farming communities, where agriculture is not only subsistence but serves as main economic activity has been affected as described below.

- Changes in rainfall patterns leading to droughts or excessive rainfall, affecting crop yields
- Increased frequency of extreme weather events such as floods and storms damaging crops and infrastructure
- Shifts in growing seasons and zones, making traditional farming practices less viable
- Increased prevalence of pests and diseases due to warmer temperatures
- Reduced soil fertility and increased soil erosion impacting agricultural productivity
- Higher temperatures causing heat stress on crops and livestock
- Water scarcity affecting irrigation and reducing agricultural productivity
- Economic losses for farmers due to reduced yields and increased costs for adaptive measures

**Water Resources**

- Changes in hydrological cycles leading to changes in water availability
- Increased frequency and intensity of droughts, reducing water supplies
- Rising sea levels contaminating freshwater with saltwater intrusion
- Changes in precipitation patterns affecting recharge rates of aquifers
- Reduced water quality due to higher temperatures and increased sedimentation
- Increased competition for water resources among agriculture, industry, and households

**Forestry**

- Forests regulate Earth's climate by absorbing carbon dioxide.
- Climate change affects forest ecosystems, impacting growth rates and species composition.
- Increased temperatures and changes in precipitation lead to more frequent and severe wildfires.
- Loss of forests results in higher atmospheric carbon dioxide levels.
- Forests support biodiversity, which is threatened by climate change.
- Disruption of livelihoods for communities dependent on forest resources.

**Income**

- Reduction in agricultural productivity directly impacts on incomes for farmers.

- Increased costs for businesses due to extreme weather events and damage to infrastructure.
- Decreased tourism revenue as natural attractions are impacted by climate change.
- Higher healthcare costs related to climate-induced health issues, reducing disposable income.
- Economic instability in regions is heavily reliant on climate-sensitive industries.
- Loss of jobs in sectors directly affected by climate change, such as fisheries and forestry.

## **FINDINGS OF HOUSEHOLD SURVEY**

### **Household Adjustments to Changing Weather Patterns**

Out of 240 respondents in 12 study communities, an average of 29% reported adapting their lives to changing weather patterns. These adaptation practices include adopting smart farming practices like agroforestry, growing early maturing crops, and changing their food patterns. Similarly, 28% of cattle and small ruminant livestock owners have either altered their grazing areas in search of greener pastures or reduced their livestock holdings to subsidize declining household food due to climate change patterns.

### **Awareness and Impact of Climate Change**

When asked about climate change and its impact on farming activities and livelihood systems over the past 5 years, 68% of respondents had heard of climate change. Of those, 67% stated that it is making life difficult for them.

### **Effects of Weather Conditions**

Gambians have varied experiences with changing weather events and have taken different steps to respond to these changes. This survey revealed that changing weather conditions have long-lasting consequences in rural farming communities.

### **Severity of Weather Events**

- Nearly 38% of respondents reported that droughts have become "somewhat more severe" or "much more severe" over the past 10 years, while 32% said droughts have become less severe due to decline in rainfall patterns.
- 37% noted worsening floods in the same period, whereas 49% observed a decrease in flooding due to less rainfall.
- One-third (33%) reported more severe crop failure, while a similar share (36%) indicated that crop failure has become less severe.

## **BEST PRACTICES FOR CLIMATE CHANGE MITIGATION AND ADAPTATION**

Adoption of agroforestry practices, which integrate trees and shrubs with crops on farmlands and pastureland to enhance biodiversity, improve soil health, and carbon sequestration. The implementation of climate-smart agricultural techniques, such as precision farming, crop rotation, and sustainable water management are useful adaptation and mitigation practices impacting passively to climate change patterns. The utilization of indigenous knowledge and traditional farming practices have proven effective in dealing with climate variabilities. Strengthening community-based initiatives and organizations to foster collective action and resource sharing are sustainable practices in combating climate change. Enhancement of

access to climate information services to help farmers to better understand, anticipate and respond to weather events are milestone best mitigation and adaptation practices to climate change. Timely and relevant information on weather events contributes to building capacity at community levels and enables them to respond on time. Incorporation of diversified crop and livestock systems to reduce vulnerability and enhance resilience intensifies efforts in mitigating and adapting to climate change. Public and private sector involvement investment in renewable energy sources and sustainable infrastructure are supportive to smart agricultural practices in the face of climate change.

Few examples of adaptation and mitigation activities include beekeeping not only to generate income but also to reduce harmful anthropogenic activities like illegal logging and charcoal burning as captured in the picture below.



**Display of Bee hives as successful adaptation practices**

Involving schools in tree planting on school farms and surroundings helps introduce the concept of environmental protection and regeneration. It also educates and prepares them to adapt to and mitigate climate change impacts.

Tree planting was conducted in various locations, including schools, public areas, roadsides, degraded farmlands, community forests, reserve lands, and mangrove sites. This practice aims to introduce communities to effective adaptation and mitigation techniques for climate change. Additionally, communities participated in planting fodder trees along cattle tracks to provide feed grounds for domestic animals. The picture below shows school involvement in tree planting.



**Preparing Schools for Planting on school farms as part of adaptation practice**

### **Development Theories and Strategies for Poverty Alleviation in Climate Change Context Integrating Climate Resilience for Sustainable Progress**

Integrating climate change and development theories and strategies for poverty alleviation are increasingly reducing the vulnerabilities that rural farming communities face due to extreme weather events. Effective strategies for building resilience to climate change help communities adapt and support sustainable poverty alleviation and environmental protection efforts.

#### **Development Theories:**

Sustainable Development Theories emphasizes the balance between economic growth, social inclusion, and environmental protection. In the climate change context, creating strategies that enhance the resilience of communities to climate impacts while promoting economic and social progress sustain and enhance efforts mitigate and adapt best practices to climate change.

Capability Approach, for example proposed by Amartya Sen, focuses on increasing and enabling individuals' capabilities and freedoms to lead the lives they value. In rural farming communities, this entails improving access to resources, education, and technology that enable farmers to adapt to climate change and improve their livelihoods.

In addition, Structural Adjustment Theories, that promote economic policies, and institutional reforms can lead to development of policies and investing in climate-smart agriculture, infrastructure, in support of adaptive capacity.

#### **Strategies for Poverty Alleviation:**

Climate-Smart Agriculture is observed as an important practice to increase productivity and build resilience to climate impacts. This includes crop diversification, improved irrigation systems, and sustainable land management practices. Engaging local communities in the

planning and implementation of adaptation strategies is an important Community-Based Adaptation strategy. This approach ensures that solutions are tailored to the specific needs and knowledge of the community, thereby enhancing their effectiveness and sustainability.

**Education and Capacity Building:**

Providing education and training to farmers on climate change and adaptive practices not only build capacity and understanding of the risks and opportunities associated with climate change but empowers them to better understand the early warning signs and take proactive measures.

**Social Protection Programs:**

Establishing safety nets such as insurance schemes, cash transfers, and food security programs. These programs can buffer the impacts of climate shocks and help vulnerable populations recover and maintain their livelihoods.

**Access to Technology and Resources:**

Facilitating access to climate-resilient technologies, seeds, and financial resources thus equipping farmers with the necessary tools and support to better manage climate risks and improve their productivity and income.

**Policy and Institutional Support:**

Formulating and executing policies that incorporate climate resilience and sustainable development by including climate considerations in national development planning processes, creating incentives for sustainable practices, and enhancing institutions to support adaptation efforts.

Addressing poverty alleviation in the climate change context requires a multifaceted approach that integrates development theories and practical strategies. By fostering climate resilience through sustainable practices, education, community engagement, and institutional support, we can enhance the well-being of rural farming communities and ensure long-term progress in the face of environmental challenges.

**POLICY RECOMMENDATIONS FOR COMBATING CLIMATE CHANGE IN RURAL COMMUNITIES STRATEGIES FOR GOVERNMENTS AND DEVELOPMENT PARTNERS**

Climate change poses a significant threat to rural farming communities, affecting agricultural productivity, food security, and livelihoods. Governments and development partner organizations must collaborate to develop effective policies that foster climate resilience and support the sustainable development of these vulnerable populations.

**Strengthening Climate Resilience**

Governments should prioritize the integration of climate resilience into their agricultural policies. This includes investing in climate-smart agriculture, promoting the use of resilient crop varieties, and implementing sustainable land management practices. Development partner organizations can support these efforts by providing technical assistance, funding for research, and capacity-building programs for local farmers.

### **Enhancing Access to Climate Information**

Access to accurate and timely climate information is crucial for rural communities to adapt and respond to changing conditions. Governments should establish and maintain robust climate monitoring and prediction on early warning systems, while development partners develop educational programs that empower farmers to make informed decisions based on weather forecasts and climate trends.

### **Supporting Sustainable Agricultural Practices**

Promoting sustainable agricultural practices is key to mitigating the impacts of climate change, enhancing household food security and economic growth. Governments should provide incentives for practices such as agroforestry, organic farming, and conservation agriculture. Development partners complement government efforts through training, providing resources to farmers, and creating enabling conditions for farmers to adopt best practices effectively.

### **Improving Infrastructure and Market Access**

Rural communities often face challenges related to infrastructure and market access, hindering their ability to adopt best practices like organic farming and access to better market facilities for their produce. Governments should invest in improving rural infrastructure, such as roads, irrigation systems and storage facilities. Development partners can facilitate access to markets by connecting farmers to local, regional, and international markets, ensuring that their produce meets standards to compete and receive fair prices for their produce.

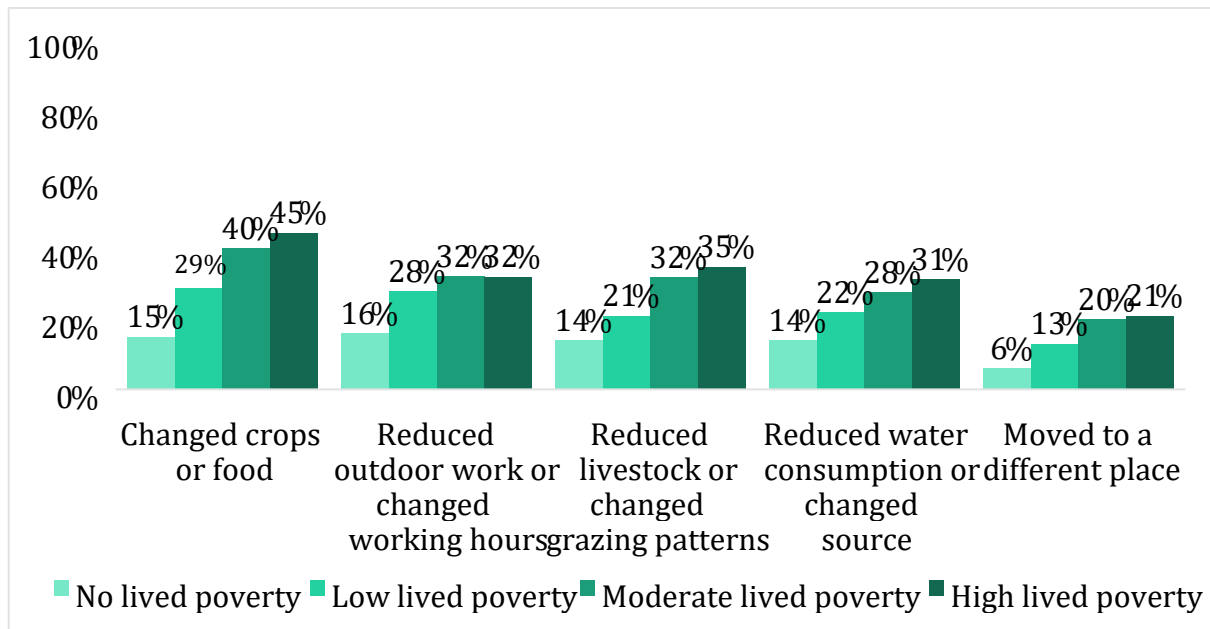
### **Strengthening Social Safety Nets**

Climate change exacerbates poverty and food insecurity in rural areas. Governments should strengthen social safety nets, such as crop insurance, food assistance programs, and emergency relief services. Development partners can support these initiatives by providing funding and expertise, ensuring equity for vulnerable populations to access essential resources during climate-related crises.

### **Promoting Community-Based Adaptation**

Working through and with Community-based Organizations is a vital adaptation strategy for building resilience at the grassroots level. Governments should support the establishment of local climate action organizations and facilitate community-led projects that address specific climate challenges. Development partners can provide resources and technical assistance to these organizations for fostering local ownership and long-term sustainability.

The collaboration between governments, including The Gambia, and their development partners is essential for combating climate change in rural communities. By implementing the recommended policies and strategies, these entities can promote sustainable development, enhance climate resilience, and improve the livelihoods of the most vulnerable populations. Ultimately, these efforts will contribute to a more equitable and sustainable future for rural farming communities worldwide.



### Livelihood change patterns in response to climate change

Source: The Gambia Agricultural Census 2003

### SIGNIFICANCE OF RESEARCH

This research is significant as it addresses critical issues related to climate change, sustainable agriculture, and rural development, which are vital for achieving a bachelor's degree in Community Development Studies, Environmental Science, and related fields. By investigating the impacts of climate change on rural farming communities and identifying effective mitigation and adaptation strategies, the research contributes to the academic knowledge base and provides practical solutions that can be implemented by policymakers, development partners, and communities.

In conclusion, climate change profoundly impacts livelihood systems in rural communities, leading to heightened poverty and food insecurity. The necessity for robust infrastructure, market access, social safety nets, and community-based adaptation strategies is paramount. Collaborative efforts involving governments and development partners are crucial for fostering sustainable development and resilience, ensuring equitable access to resources, and improving the overall well-being of vulnerable populations.

The most effective practices for climate change adaptation, mitigation, and resilience building in rural farming communities involve the integration of robust social safety nets, community-based adaptation strategies, and innovative agricultural techniques.

Strengthening social safety nets ensures that vulnerable populations have access to essential resources during climate-related crises, while promoting community-based adaptation fosters grassroots resilience and local ownership of climate action projects. Additionally, employing sustainable agricultural practices that enhance productivity and reduce environmental impact is crucial for long-term resilience. Collaborative efforts between governments, development partners, and communities are essential to implement these strategies, ensuring equity and

rational utilization of resources and improving the overall well-being of rural populations affected by climate change.

### **CONCLUSION**

In summary, this research underscores the profound effects of climate change on rural farming communities, emphasizing the necessity of targeted adaptation and mitigation strategies. By integrating community-based approaches, enhancing social safety nets, and adopting sustainable agricultural techniques, stakeholders can build resilience and promote equitable access to resources. Collaboration between governments, development partners, and local communities is pivotal in addressing these challenges and fostering sustainable development. The findings of this study contribute valuable insights to both academic discourse and practical policymaking, offering pathways to improve the livelihoods and well-being of vulnerable populations in the face of climate change.

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