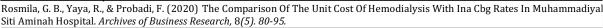
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The Comparison Of The Unit Cost Of Hemodialysis With Ina Cbg Rates In Muhammadiyah Siti Aminah Hospital

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ABSTRACT

Health services in Indonesia have led to the National Health Insurance. Hospitals that serve BPJS participants are paid using a package system based on INA CBG rates. Payment of claims to advanced health facilities is differentiated by type of hospital. Type D hospitals have the lowest INA CBG rates, so they must calculate the unit cost of each procedure given based on the diagnostic group. The purpose of this study was to determine the comparison of the unit cost of hemodialysis measures with INA CBG rates and to find out if there are non-value-added activities in services. This type of research was a qualitative case study. The subject of the study was Muhammadiyah Siti Aminah General Hospital. The object used was all activities that support the occurrence of hemodialysis outpatient services. Data analysis used Activity Based Costing Baker modification. The results shows a unit cost of HD action in 2018 of Rp. 724.725. INA CBG rate for hemodialysis action in Type D Hospital is Rp. 737.700,-. So that a positive difference is obtained between the INA CBG rate and the HD unit cost of Rp. 12,975 -. RSUMSA has not been able to conduct supporting examinations in accordance with the specified standards because the costs incurred will be very high and will cause losses because they exceed INA CBGS tariffs and no potential non-value added activities are found.

Keywords: Unit Cost; Hemodialisis; Tarif INA CBG

INTRODUCTION

Chronic Kidney Disease (CKD) is a global health problem that is difficult to be controlled. This is proven by the Global Burden of Disease data of 2010 which shows that in 2010, CKD was the 18th leading cause of death in the world. In the world, CKD sufferers who get dialysis or kidney transplant treatments reach more than 2 million people but only 10% actually undergo these treatments. Basic Health Research Data (Riskesdas) in 2013, showed the prevalence of kidney failure patients in Indonesia is 2 per 1000 population or equal to 0.2%(1).

The number of new patients and active patients continues to increase. In 2007, there were 4,977 new patients and only 1,885 active patients. Whereas as of December 31, 2017, new patient data has reached 30,831 and active patients have reached 77,892.(2) The increasing number of hemodialysis patients drives health facilities to open hemodialysis services. In 2015 there were 382 *renal* units in Indonesia, the number continued to increase until in 2017 of 710 HD units. Of the 710 units, 57% of these were organized by the private sector, 39% by the government, 3% by the TNI and Polri Hospital and 1% by individual clinics.(2)

For funding facilities, in 2015 there was a drastic change where the 86% financing guarantee was from the National Health Insurance (JKN). There are 71% of JKN PBI patients (recipient of contribution assistance) while 15% are JKN Non PBI. (3) The percentage of hemodialysis financing by JKN continues to increase, in 2017 it reached 89%. (2). From the above data, hospitals must really conduct a cost analysis for hemodialysis, because most of the funding comes from the JKN program.

Based on the data above, CKD is the second biggest catastrophic disease in Indonesia that spends health costs after heart disease. Data Center for Health Financing and Health Insurance of the Ministry of Health in 2016, the catastrophic diseases cost 8.2 trillion in 2014, and increased to 13.1 trillion in 2015 and 13.3 trillion in 2016. Therefore in 26 October 2016 Ministry of Health issued Minister of Health Regulation No. 52 of 2016 concerning Health Service Tariff Standards in Implementing Health Insurance Programs in lieu of Minister of Health Regulation No. 59 of 2014 concerning Health Service Tariff Standards in the Implementation of the Health Insurance Program where the hemodialysis service rates for patients with chronic kidney failure are reduced. The lowered hemodialysis rates are expected to reduce the burden of health costs that must be paid by BPJS Health. However, this makes the hospital management that organizes hemodialysis services must recalculate whether this hemodialysis service is still beneficial for the hospital. For type D hospitals, the calculation of unit cost is a necessity that must be done because the INA CBG rates in the type D hospital are the lowest, namely Rp. 737,700. (4)

Health services in Indonesia are now heading towards universal health coverage. The President of the Republic of Indonesia established an organizing body namely the Health Insurance Administering Board (BPJS). Hospitals that serve BPJS participants are paid using a package system based on INA CBG (Indonesian Casemix Based Groups) rates. The INA CBG tariff includes all costs incurred by the health services that have been provided to patients such as doctor's examination fees, medication, accommodation, supporting examinations, use of medical devices and all medical measures during treatment. This payment is based on the diagnosis group, procedure and type of hospital. For type D hospitals, they have the lowest INA CBG rates. So the hospital must calculate the unit cost of each action or procedure given to patients based on the diagnosis group.(5)

Muhammadiyah Siti Aminah Hospital (RSUMSA) is a Muhammadiyah Persyarikatan Hospital managed by the Branch Manager of Muhammadiyah Bumiayu. In 2016, RSUMSA continued to develop and improve the quality of services as evidenced by the achievement of the Prime Accreditation in May 2016. Specialist physician services are also experiencing growth, plus the services of Skin, Eyes and Anesthetics. The number of beds has also increased to 81 beds. In addition, RSUMSA also conducted a feasibility study for the addition of hemodialysis services. Planning for additional RSUMSA hemodialysis services was carried out at the end of 2016. One

consideration will be opening up hemodialysis services because there are no hospitals that have hemodialysis facilities in the Southern District of Brebes.

From a financial perspective, hemodialysis was considered profitable at the time because it used JKN rates based on PMK No. 59 of 2014 concerning the National Health Insurance Tariff Standard of Rp. 812,100, - for Type D Hospital in Regional I. However, when RSUMSA has prepared hemodialysis services, the Government of the Republic of Indonesia has decided to lower the standard hemodialysis rates by applying PMK No. 52 of 2016 concerning Health Services Standard Tariffs in the Implementation of the Health Insurance Program to Rp. 737,700, for Private Type D Hospitals in Regional I. Although the hemodialysis service rates from the JKN program have decreased, RSUMSA remains committed to providing hemodialysis services for the people of Southern Brebes Regency. Finally, the Hemodialysis Installation at RSUMSA began to be opened in March 2018.

Since the opening of the hemodialysis service, RSUMSA management has not finalized a detailed calculation of how much the unit cost of hemodialysis is. New hospital management calculates the costs incurred for the purchase of hemodialysis fluids, medicines used, consumables and costs for doctor's services. Hospital management has not yet included the overhead spent on Hemodialysis Installation. RSUMSA Hemodialysis Installation Revenue is currently 100% derived from BPJS Health claims with INA CBG rates per hemodialysis action of Rp. 737,700. Therefore it is important to conduct research on hemodialysis unit costs in RSUMSA so that hospital management knows what the actual unit cost of hemodialysis is and whether this service is still beneficial for hospitals with class D types such as Muhammadiyah Siti Aminah General Hospital.

Activity based costing (ABC) is one type of methodology for calculating cost (cost accounting). (6) This method is considered the best of various other cost analysis methods in health services. (7) ABC is different from traditional methodology, where ABC fundamentally concentrated on activities that incur costs. Principles of ABC is to produce a product, the activity of consuming resourches. So ABC can interpreted as a methodology for calculating the costs and performance of activities, resourches and cost objects. Resourches are assigned to activities, activities are assigned to cost objects based on their use. ABC introduces the relationship between cost drivers and activities (6).

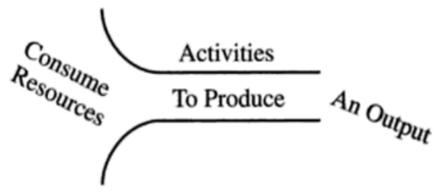


Figure 1. Theory of Resourches Consumption

Source: Baker, 1998

METHODS

This study was a qualitative research by using case study method. This study aimed to determine the unit cost of hemodialysis services in hospitals. The subject of the research was Muhammadiyah Siti Aminah General Hospital (RSUMSA) Brebes, Central Java. The objects used were all activities in RSUMSA that support the occurrence of outpatient hemodialysis (HD) services at the Hemodialysis Installation. The research instruments used were interviews, documents and observations. Data analysis used the ABC (Activity Based Costing) -Baker modification method.(6–10)

RESEARCH RESULT

Profile of Hemodialysis Service at RSUMSA

Hemodialysis services at RSUMSA began in March 2018. Hemodialysis machine procurement in collaboration with third parties. The hospital is obligated to purchase consumables from the company. At the beginning of March, HD RSUMSA installation operated using 4 machines, until the end of 2018 there were already 6 machines. With 2 services, the number of patient that can be served by HD RSUMSA Installation is 36 patients. The number of HD actions during 2018 is 2416.

Characteristics of Subject

The interview were conducted with hospital staff such as hospital director, doctors, nurse of HD installation, financial staff, infrastructure staff and other staff involved in HD services. In addition, observation were made on patients undergo hemodialysis. Observation were made on 30 patients. The age of the pastient is 66,7% in the age range of 40 - 60 years (Table 1).

the 1. Character istics of observed Respondents (ii =			
Characyeristics	n (%)		
Age (years old)			
< 40 years old	10 (33.3)		
40 - 60 years old	16 (53.3)		
>60 years old	4 (13.3)		
S	ex		
Male	18 (60)		
Female	12 (40)		
Marital Status			
Unmarried	2 (6.7)		
Married	28 (93.3)		

Table 1. Characteristics of Observed Respondents (n = 30)

Activity Center Hemodialisis RSUMSA

After identifying the flow of services, observations in the field and interviews with relevant staff, it can be concluded that the HD service activities in RSUMSA consist of 18 activity center. And all activities take 317 minutes. (Table 2)

Table 2. RSUMSA Hemodialysis Installation Activity Center

No.	Type of Activities	Times (Minute)
1	Patient Registration	3
2	Weighing	1
3	Anamneses dan TTV Examination	5
4	Machine Preparation	5
5	Installing Blood Line, Dialyzer, Nacl	3
6	Soaking	2
7	Priming	10
8	Vascular Access Function	5
9	Linking Venus Fistula Artery with Blood Line	2
10	Setting the machine according to dosage	1
11	Observation	240
12	Doctor Visiting	6
13	Hemodialysis Finalization	5
14	Final Weighing	1
15	Changing linen	1
16	Rinsing	10
17	Preparing Patients Status	2
18	Reuse	15
	Total of time	317

Supporting Examination of Hemodialysis Patients Conducted at RSUMSA

Regular laboratory examinations are performed on all HD patients both monthly, 3 months and every 6 months. The following are routine laboratory tests on HD patients:

Table 3. Types of Routine Laboratory Examinations in HD Patients

Schedule of Routine Examination	Type Laboratory Examination
Once a month	Hb
Once every 3 months	Ureum, creatinine
Every 6 months	HCV, HIV, HbsAg

Based on the above types of examinations, a routine examination fee that must be incurred for each HD patient was Rp. 258,782, 00, with details as listed in the table below.

Table 4. Cost of Routine Supporting RSUMSA HD Patients

Type of Examintations	Cost Driver	Unit Cost (Rp)
Hb	Test	57.449
Ureum	Test	50.882
Creatinine	Test	90.463
HCV Test		26.944
HIV	Test	6.100
HbsAg Test		26.944
Total		258.782

If the supporting examination for HD patients is carried out in accordance with Pernefri's recommendation, the cost must be Rp. 4,020,101.00. This cost was very high because many laboratory examinations must be sent to third parties (outside laboratories that have collaborated with RSUMSA) because they are not available at RSUMSA Laboratories.

Tabel 5. The Cost of Supporting Examinations in Accordande with the Recommendations of Pernefri

No	Parameter	Unit Cost
1.	Hemoglobin	57.449
2.	Trombosit	57.449
3.	Ferritin, Fe serum	305.000
4.	transferrin saturation	415.000
5.	Ureum	50.882
6.	Creatinin	90.463
7.	Lipid profile (cholesterol, TG, LDL and HDL)	216.968
8.	Uric acid	50.882
9.	Blood sugar	50.882
10.	Bicarbonate	171.000
11.	Potassium and Sodium	162.436
12.	Albumin	23.938
13.	Liver function (SGOT/ALT,SGPT/AST)	101.764
14.	HbsAg	26.944
15.	AntiHCV	26.944
16.	Anti HIV	6.100
17.	CRP	307.000
18.	Calsium, phosphate	255.000
19.	Parathyroid hormone (PTH)	769.000
20.	Beta2 microglobulin	875.000
	Total	4.020.101

Unit Cost Hemodialysis

Direct Costs for Hemodialysis

Direct costs on HD measures consist of the costs of doctor's visiting services, nursing actions, costs of consumable medical materials and supporting examinations. Doctors visiting at the RSUMSA Hemodialysis Installation are carried out by Internal Medicine Specialists who have been certified HD training or general practitioners who have been certified HD training or general practitioners guarding wards. Following are the direct costs on HD actions at RSUMSA.

Table 6. HD Direct Costs

	1 able 0	. HD Direct C	0313	
Category of costs	Unit	Total	Unit cost	Total cost
Registration	Action	2416	15.000,00	36.240.000
Visiting Doctor service Jasa Visite Dokter	Action	2416	45.000,00	108.720.000
Dialyzer	Unit	480	153.300,04	73.584.019
Bloodline	Unit	2974	65.300,40	194.203.390
AV fistula	Unit	5776	7.300,00	42.164.800
Concentrate Part A	Bag	1180	113.300,00	133.694.000
Concentrate Part B	Bag	1130	113.300,00	128.029.000
Procide Disinfectant	Galon (5lt)	24	2.200.000,00	52.800.000
Inviclot Inj	Vial	1415	69.300,00	98.059.500
Eporon 2000 IU/0.5ml	Box	48	734.800,00	35.270.400
Eporon 3000 IU/0.3ml	Box	1	990.000,00	990.000
Hemapo Inj 3000 IU/ml	Amp	60	108.900,00	6.534.000
Hemapo Inj 1 ml	Vial	15	77.000,00	1.155.000
Kassa sheet	Sheet	4832	310,00	1.497.920
Kassa Depper	Sheet	4832	310,00	1.497.920
Alkohol Swab 70 %	Sachet	9664	100,00	966.400
Hypafix 10x5 cm bandage	Sheet	2416	2.718,00	6.566.688
Handscoon	Pairs	4832	640,00	3.092.480
Masks	Sheet	2416	320,00	773.120
Nacl 0.9 % 1000 cc	Flabot	2416	7.164,00	17.308.224
Spuit 1 cc	Unit	2416	927,00	2.239.632
Spuit 10 cc	Unit	2416	1.188,00	2.870.208
Spuit 20 cc	Unit	2416	1.954,00	4.720.864
Set HD Pack	Pack	2416	22.900,00	55.326.400
Aseptic gell (Hand Rub)	Bottle	48	18.865,00	905.520
Pehidrol (H2O2 1%)	200 ml	2416	300,00	724.800
Renalin 3% (10 lt)	200 ml	2416	2.200,00	5.315.200
Hb	Test	269	57.449,00	15.453.781
Ureum	Test	48	50.882,00	2.442.336
Creatinine	Test	49	90.463,00	4.432.687
Anti HCV	Test	25	26.944,00	673.600
Anti HIV	Test	26	6.100,00	158.600
HbsAg	Test	25	26.944,00	673.600
Examination Of Clean Water	Test	1	1.500.000	1.500.000
Waste B3	Kg	4.832	25.000	120.800.000
Total Direct Cost				1.161.384.089
Average per action			480.705	

Based on the table above, the total direct cost of HD service meaures was Rp. 1,161,384,089.00. Total hemodialysis action in 2018 were 2416 action, so the average direct cost per actions was Rp. 480,705.00.

Direct Resource Overhead Costs

Direct resources overhead costs are overhead costs that are directly related to HD patients, namely employee salaries, maintenance costs for buildings and equipment, office costs, electricity costs, water costs, telephone costs, and cleaning costs in HD installations. The overhead direct resource costs can be categorized into 4 categories, namely:

- 1. **Labor Related:** The HD installation in RSUMSA has 4 workers, all of them nurses. Of these 4 people, 3 were HD certified training. The labor costs referred here are employee salaries, employee service incentives, meal allowances, BPJS Health benefits, BPJS Employment benefits, overtime pay and also the HD Installation employee training costs. Obtained HD installation labor costs in 2018 was Rp. 128,672,819.00.
- 2. **Equipment Related:** For related equipment, the cost calculated is the cost of maintaining medical and non-medical devices. HD machines used in RSUMSA are provided through the KSO system so that maintenance does not go into hospital costs. As the HD Installation at RSUMSA was only operational at the beginning of 2018, there has never been any maintenance of medical or non-medical equipment since all equipment is still new. In this category of costs only calculated depreciation of medical and non-medical devices for 11 months, amounting to Rp. 19,327,438.00.
- 3. **Space Related:** Space related in the HD installation of RSUMSA there are only depreciation costs of buildings. This is because the new HD Installation Building was built in 2017 and was only operational in 2018 and has never been maintained. So, that the cost of depreciation of buildings for 9 months was Rp. 7,232,006.00.
- 4. **Service Related:** Services related to HD Installation consist of office fees, service subscription fees (telephone, electricity and water), marketing costs and cleaning costs. In 2018 a service related fee was obtained for Rp. 135,172,994.00.

The total cost of direct installation overhead of HD Installation in 2018 was Rp. 290,405,257.00. This fee will be charged to all HD patients in 2018 based on the number of HD actions in 2018. So that every action is charged an overhead direct resource cost of Rp. 120,201.00

Indirect resource overhead costs

Cost of indirect resources overhead is overhead cost incurred by non-functional units, the cost of which will be charged to the HD Installation according to the proportion of loading. The proportion of loading is taken from the proportion of HD Installation income to total hospital income. Indirect overhead resources can be categorized into 4 categories, namely:

- 1. **Labor Related:** Data taken from the SDI (Human Resources) section and interviews of the General Manager and SDI, obtained data on the number of RSUMSA employees in 2018 were 282 employees. For non-functional units, there are 131 employees. Labor related costs include employee salaries, food allowances, health, labor insurance, service incentives, overtime pay and also training costs incurred by the finance department for employees in non-functional units. It is obtained indirect labor overhead resource related costs in 2018 of Rp. 4,925,156,098.00
- 2. **Equipment Related:** The equipment related consists of maintenance costs and depreciation costs for office equipment and furniture and vehicles that will be charged to the HD Installation. In 2018 non-functional equipment related unit costs were Rp. 723,182,887.00

- 3. **Space Related:** Space related in non-functional units consists of maintenance costs and depreciation of non-functional unit buildings. It is obtained non-functional space related unit costs in 2018 of Rp. 124,344,459.00
- 4. **Service Related:** Non-functional related service units consist of office costs, service subscription fees (telephone, electricity and water), marketing costs and cleaning service costs used in non-functional units. In 2018 a service related fee was obtained for Rp. 1,853,355,102.00. The total cost of the non-functional unit overhead resource overhead was Rp. 7,626,038,546.00. This fee would be charged to the Hemodialysis Installation based on the proportion of HD Installation revenue to total hospital revenue in 2018.

Proportion of Revenue

The following table explains the breakdown of the hospital revenue in 2018. Hospital revenue for 1 year was taken from the income of each functional unit in RSUMSA. Total Hospital Revenue in 2018 was Rp. 50,819,740,031.00. HD income was Rp. 1,993,510,131. So that the proportion of HD income obtained was 3.9%. Next will be calculated the imposition of indirect resource overhead costs for HD Installation using the proportion of HD Installation revenue.

Table 7. Basic Charges for Overhead Indirect Resource Costs

Hospital revenue	50.819.740.031
HD revenue	1.993.510.131
Proportion	3,9%
Total Indirect Resource Overhead	7.626.038.546
Indirect Resource Overhead HD ^(a)	299.147.243
Indirect Resource Overhead HD per Action(b)	123.819

Explanation:

- a) Indirect Resouce Overhead HD Cost = Total Indirect Resource Overhead x proportion (3,9%)
- b) Indirect Resource Overhead HD Cost per action
 - = Indirect resorce overhead HD: total of HV action in 1 year (2416 actions))

Based on the table above the cost of the inderect resources overhead cost based on the assumption that the proportion of the revenue is Rp. 123,819.00.

Charging Overhead Costs into Activity Center HD

The total HD overhead costs are obtained by adding direct HD overhead resources with indirect HD overhead resources.

Table 8. Total Overhead HD Costs

	Table 8. Total Overhead HD Costs				
No	Overhead Cost	Cost Driver	DIRECT (Rp)	INDIRECT (Rp)	
		Labour Related			
1	Labor cost	Numer of labor	65.672.819	158.568.536	
2	Training cost	Number of labor	63.000.000	34.142.781	
	Sub Total		128.672.819	192.711.317	
		Equipment Related			
1	Maintenance of Medic and Non- Medic Equipments	Number of visits	-	4.825.206	
2	Depreciation of medic and non- medic equipments	Work hours	19.327.438	23.471.466	
	Sub Total		19.327.438	28.296.672	
		Space Related			
1	Mainntenance od buildings	Work hours	-	788.833	
2	Depreciation of buildings	Work hours	7.232.006	4.076.512	
	Sub Total		7.232.006	4.865.345	
		Service Related			
1	Office cost	Number of visits	21.875.800	59.993.990	
2	Service Subscription Fees (Telephone, Electricity and Water)	Number of visits, Kwh and M ³	89.348.731	6.822.490	
3	Marketing cost	Work hours	1.000.000	2.873.205	
4	Cleaning Service Cost	Floor area	22.948.463	3.584.224	
	Sub Total		35.172.994	3.273.908	
	Total		290.405.257	299.147.243	
	Total Overhead Cos	t	5	89.552.500	
	Overhead Cost per action			244.020	

Total HD overhead costs were Rp. 589,522,500.00 and per action of this obtained overhead costs of Rp. 244,020.00. The next step is to charge HD overhead to each activity center. This charging is carried out by making proportional overhead over time for each activity center. This calculation can be seen in the table below.

Table 9. Charging of Overhead Cost toward Activity Center

No.	Type f activities	TIME (Menit)	Charging of overhead cost
1	Patient Registration	3	2.309
2	Weighing	1	770
3	Anamneses dan TTV Examination	5	3.849
4	Machine Preparation	5	3.849
5	Installing Blood Line, Dialyzer, Nacl	3	2.309
6	Soaking	2	1.540
7	Priming	10	7.698
8	Vascular Access Function	5	3.849
9	Linking Venus Fistula Artery with Blood Line	2	1.540
10	Setting the machine according to dosage	1	770
11	Observation	240	184.747
12	Doctor Visiting	6	4.619
13	Hemodialysis Finalization	5	3.849
14	Final Weighing	1	770
15	Changing linen	1	770
16	Rinsing	10	7.698
17	Preparing Patients Status	2	1.540
18	Reuse	15	11.547
	Total	244.020	

Calculation of Unit Cost HG based on the Modified Baker's ABC Method

After conducting direct cost calculation, HD direct overhead as well as HD indirect resource overhead then it can be found total cost of HD action in RSUMSA in 2018.

Table 10. Unit cost of HD Action in RSUMSA in 2018

Type of costs	Total cost	Number of HD actions	Unit cost of HD actions	%
Direct Cost	1.161.384.089	2416	480.705	66,3%
Direct Resource Overhead	290.405.257	2416	120.201	16,6%
Indirect Resource Overhead	299.147.243	2416	123.819	17,1%
Total	1.750.936.588	2416	724.725	100%

Based on the table above it can be seen that the total cost of HD actions in RSUMSA in 2018 was Rp. 1,750,936,588.00 The number of HD actions in 2018 was 2416 actions, so that the unit cost of HD actions was Rp. 724,725.00.

DISCUSSION

Hemodialysis Installation in Muhammadiyah Siti Aminah Hosptal (RSUMSA) began operating in March 2018. The method was re-used of 5-7 times. This re-used was conducted by using a re-used

engine provided by the vendor. At the beginning of operations, the machines used were 4 active machines and 1 backup engine. Until the end of 2018 there have been 5 active machines and 1 backup engine. The machine is held by joint venture (joint operation) method. In Join venture method, the machine is provided by the investor and the hospital is only obliged to shop for consumables and dialysate liquid from the investor. During 2018, there were 2416 HD actions performed by the RSUMSA Hemodialysis Installation.

The hemodialysis dose received by HD patients in RSUMSA is twice a week with the duration of each HD is 5 hours. So that with only 6 machines, RSUMSA can only accommodate 36 patients and carry out 2416 actions. The dosage applied by RSUMSA is in accordance with the recommendations of Pernefri and in accordance with the National Guidelines for the Management of the Final Stage of Kidney Disease Medicine Services determined by the Minister of Health in 2017(11,12). Dose twice a week accordance with the desired Kt / V target of 1.8 which is equivalent to a URR of 80% (11,12). Meanwhile, according to the 2015 KDOQI Clinical Practice Guidelines for Hemodialysis Update, the recommended minimum HD dose is 3 times a week with a Kt / V target of 1.4 (13). In the latest guidelines issued by The Renal Association in 2019, the hemodialysis dose is 3 times a week with a target Kt / V of 1.2 with a duration of 12 hours a week (14).

Costs for hemodialysis are very dependent on direct costs, especially medical consumables. The use of these consumable medical materials depends on the method used by the hemodialysis machine, which is whether to use the single-used or re-used method. At RSUMSA use the re-use method, so that the cost of purchasing a dialyzer can be reduced. Dialyzer each patient can be reused up to 7x. The cost of BMHP at RSUMSA if using a dialyzer (Complete Package) is Rp. 468,468.00 whereas if it has been re-used using a package without a dialyzer (incomplete package) that is Rp. 269,178.00.

Dialyzer re-used up to 7 times at RSUMSA makes the direct cost of HD actions smaller compared to other studies using the 5 times re-used method. In a study conducted by Syafiq Bahaswan at RSI Klaten in 2015, the direct cost of the re-used method reached Rp. 654,424.00 (15). At the RSUMSA the direct cost was found to be Rp. 480,705.00. The re-used method is still permissible as long as the tube dialyzer meets the following conditions: 1) must have a blood compartment volume (or Total Cell Volume / TCV) of at least 80% of the initial value or urea (or ionic) clearance of at least 90% of the initial value and 2) it is not recommended to use a low biocompatible membrane dialyzer and made from cellulose (12,16).

Direct costs are also affected by routine investigations done on HD patients. Pernefri and the Minister of Health have recommended 20 laboratory parameters that must be done routinely in HD patients (11,12) In RSUMSA, only 6 laboratory parameters were examined, namely HB, Ureum, Creatinine, HBsAg, Anti HCV and Anti HIV. 6 These parameters are determined by hospital management but not yet with the approval of a Consultant Kidney Hypertension. Determination of these 6 parameters is done to reduce the cost of supporting examinations in HD patients, because other types of parameters cannot be checked independently at the RSUMSA Laboratory Installation. So if all parameters are checked, the costs incurred by the hospital are very large, reaching Rp. 4,020,101.00 because it has to be sent to a third-party Laboratory.

Tabel 11. Comparison of HD Patient Laboratory Routine Examination between what is done by RSUMSA and Pernefri Recommendation

Routine Laboratory Examinations in		
HD Patients at RSUMSA	Pernefri Recommended Laboratory	
Haemoglobin	Haemoglobin	
Ureum	Platelets	
Creatinine	Ferritin, Fe serum	
HCV	Transferrin saturation	
HIV	Ureum	
HbsAg	Creatinin	
	Lipid profile (cholesterol, TG, LDL dan HDL)	
	Uric acid	
	Bood glucose	
	Bicarbonat	
	Potassium and Sodium	
	Albumine	
	Liver Function (SGOT/ALT,SGPT/AST)	
	HbsAg	
	AntiHCV	
	Anti HIV	
	CRP	
	calsium, phosphate	
	Parathyroid hormone (PTH)	
	Beta 2 microglobulin	

If we look at the laboratory parameters recommended by Pernefri, there are several more parameters that can be done by the RSUMSA Laboratory, including platelets, blood sugar, uric acid, lipid profile, liver function (SGOT / SGPT), albumin, and electrolytes (Sodium, Potassium, Bicarbonate, Calcium, phosphate).

Routine and complete laboratory checks are important so that the patient's condition or comorbid disease can also be monitored and given good management. Several studies have shown that the mortality rate of HD patients is determined by several factors including the presence of important comorbid diseases such as cardiovascular disease, diabetes, infections, old age and complications of Chronic Kidney Disease (metabolic acidosis, hyperkalemia and fluid overload) (17–20). Another condition that can increase mortality is malnutrition, this factor is often forgotten to be evaluated (18,21). Diabetes can be seen from the examination of blood sugar. Malnutrition can be seen from albumine examination. Phosphate examination is also important to do in HD patients because abnormal phosphate values can worsen the patient's health condition (22). Examination of liver function is also important because some studies show a decrease in liver enzymes in HD patients(23). So the examinations above are important to be done routinely on HD patients. With RSUMSA's laboratory capabilities, it is necessary to consider adding laboratory parameters that are routinely performed on HD patients, of course taking into account the unit cost of each examination. It is hoped that there is better quality control and cost control at RSUMSA.

RSUMSA Hemodialysis Installation 100% income comes from patients who are guaranteed by BPJS. The hospital is paid by BPIS with the INGS CBGS rate of Rp. 737,700. Based on the results of the study above, where HD unit cost gets Rp. 724,725.00, a positive difference or profit from the HD action claim is obtained, amounting to Rp. 12,975.00.

Based on interviews with the Director of RSUMSA, this benefit is considered to be still small, so it needs some more efforts so that HD Installation can provide even greater profits. Efforts that can be made by hospitals include: increasing the number of HD actions through increasing the number of shifts or HD machines but must also be balanced with the efficiency of human resources, electricity and water usage so as to reduce the overhead of HD action. In addition, it is necessary to develop Clinical Pathway of HD measures so that they can be more efficient in the use of consumable medical materials or drugs that must be given during HD actions. Another effort that can be done by hospitals is to increase the class of hospitals from Type D up to Type C so that hospitals can get higher claims.

Table 12. Comparison of HD Unit Cost with INGS CBGS Rates and Hospital Rates

INA CBGS Tariff	737.700
Hospital tariff	1.000.000
Unit Cost HD	724.725
Difference between INA CBGS tariff dengan Unit Cost HD ^(a)	12.975
Difference between hospital tariff with Unit Cost HD ^(b)	275.275
Explanation (a) = INA CBGS tariff - Unit Cost HD (b) = hespital tariff Unit Cost HD	

(b) = hospital tariff – Unit Cost HD

During the study, observations were also made on the activities of medical and non-medical personnel involved in HD actions to assess whether there were activities that were non value added or not in accordance with the Standar Operational Procedure (SOP), causing inefficiencies in hospitals, especially in HD installations. Based on observations, there are no non-value added activities carried out by hospital employees. All activities carried out in accordance with the SOP in force in the hospital and in accordance with Pernefri standards. The use of consumable medical materials has also been tightened by making packages of consumable medical materials according to the needs per action, so that no waste is made by HD nurses. Therefore it can be concluded that everything that is done by hospital employees is in accordance with the standards.

CONCLUSION

Unit cost analysis of hemodialysisi action at Muhammadiyah Siti Aminah Hospital using the activity based costing (ABC) method is Rp. 724,725.00. When compared with the INA CBG rate of Rp. 737,700.00, a positive difference of Rp. 12,975.00 is obtained. So it give profit to hospital. RSUMSA has not been able to conduct supporting examinations in accordance with the specified standards because the costs incurred will be very high and will cause losses because they exceed INA CBGS tariffs. Potential non-value added activities are not found during hemodialysis service.

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